

Table Set Up and Care Instructions

To Set-up the Table:

- Place the folded table sitting on the rubber bumpers
- Open the two clasps and open the table up until the legs are fully extended.
- Remove the face rest and other accessories.

To Set the Table Upright:

- When the table is fully opened, tilt the table upright until all four feet are on the floor.
- Lift one end of the table
- Press down on the middle and tension cables a little.

To Change the Table Height:

- Choose the hole that represents the desired height
- Removing the knob and put the bolt through that hole.
- Replace and tighten the knob by hand until snug.
- Repeat on all other leg extensions, setting all extensions at the same height

Face Rest Use:

- First release the cam lock and insert the dowels into the outlet at the end of the table. Tilt and lift or lower the face rest to desired position and lock the cam lock.
- The face rest will fold down out of the way if you release the cam lock.

Arm Hammock™:

- Hold the Arm Hammock™ with the soft, fuzzy part of the hook & loop attachment facing up.
- Slip the nylon loop over the two arms of the face rest.
- Insert the face rest into the outlet holes at the end of the table.
- Remove the crescent pad from the wooden platform where it is attached with hook & loop strips.
- Pull the other end of the Arm Hammock™ (the end with the hook & loop attachment) up and over the wooden platform to adhere it to the facing hook & loop strip. You can adjust the height of the Arm Hammock™ by varying the overlap of the strips on the platform.
- Re-attach the crescent pad to its wooden platform, covering the hook & loop strips.



Close the Table:

- Turn the table on its side with the rubber bumpers down.
- Partially close the table top.
- Separate the face rest pad from the platform and store them each under the elastic straps provided.
- Fold the legs into the table and push the two halves of your table together.
- Close the latches.

Caring for your table:

- Protect your table and accessories with sheets and fleeces.
- Always use a carry case when moving your table.
- Clean your upholstered items only when needed with a mild detergent or Green Windex. A diluted 1/10 bleach solution for disinfecting can be used. Dry the table immediately after cleaning to remove excess cleaning solution. Using strong or undiluted cleaners, such as alcohol, acetone, or bleach can shorten the life of your fabric, or discolor it. *Damage caused by these cleansers will not be covered under the warranty.*
- Avoid exposing your products to direct sunlight for extended periods of time. This can lead to fading and cracking of the fabric.

Attention:

- **Periodically check that the hardware on your table is tight and has not become loose over time.**

CAUTION

Dynamic Load Rating:

400 lbs.



All portable tables: U.S. Patent 5,009,170

MMINPL0139_0307

MADE IN CHINA

OAKWORKS, INC.
923 East Wellspring Rd.
New Freedom, PA 17349
Phone: 717.235.6807
www.oakworks.com



Table Set Up and Care Instructions

To Set-up the Table:

- Place the folded table sitting on the rubber bumpers
- Open the two clasps and open the table up until the legs are fully extended.
- Remove the face rest and other accessories.

To Set the Table Upright:

- When the table is fully opened, tilt the table upright until all four feet are on the floor.
- Lift one end of the table
- Press down on the middle and tension cables a little.

To Change the Table Height:

- Choose the hole that represents the desired height
- Removing the knob and put the bolt through that hole.
- Replace and tighten the knob by hand until snug.
- Repeat on all other leg extensions, setting all extensions at the same height

Face Rest Use:

- First release the cam lock and insert the dowels into the outlet at the end of the table. Tilt and lift or lower the face rest to desired position and lock the cam lock.
- The face rest will fold down out of the way if you release the cam lock.

Arm Hammock™:

- Hold the Arm Hammock™ with the soft, fuzzy part of the hook & loop attachment facing up.
- Slip the nylon loop over the two arms of the face rest.
- Insert the face rest into the outlet holes at the end of the table.
- Remove the crescent pad from the wooden platform where it is attached with hook & loop strips.
- Pull the other end of the Arm Hammock™ (the end with the hook & loop attachment) up and over the wooden platform to adhere it to the facing hook & loop strip. You can adjust the height of the Arm Hammock™ by varying the overlap of the strips on the platform.
- Re-attach the crescent pad to its wooden platform, covering the hook & loop strips.



Close the Table:

- Turn the table on its side with the rubber bumpers down.
- Partially close the table top.
- Separate the face rest pad from the platform and store them each under the elastic straps provided.
- Fold the legs into the table and push the two halves of your table together.
- Close the latches.

For Tables with the Shiatsu Option:



Fig. 8a



Fig. 8b



Fig. 9

- With the table on its side, remove the wing nut from the bolt and remove long brace, cable and washers from the short brace. Reassemble them without the cable. Repeat on the second wing nut.
 - Turn the Unilock clasp to the side (Fig. 8b)
 - Fold the legs against the underside and lay the table down flat on the floor. (Fig. 9). To use at normal height settings, refer to separate CAUTION label that refers to the Shiatsu Cable Option.

Attention:

- Periodically check that the hardware on your table is tight and has not become loose over time.

CAUTION

Dynamic Load Rating: **400 lbs.**

Shiatsu option must be installed as shown above.



All portable tables: U.S. Patent 5,009,170
MMINPL0139_0307
MADE IN CHINA

OAKWORKS, INC.
923 East Wellspring Rd.
New Freedom, PA 17349
Phone: 717.235.6807
www.oakworks.com

